



COURT OF COMMON PLEAS
39TH JUDICIAL DISTRICT
OF PENNSYLVANIA

Good Wolf Treatment Court of
Franklin County

*ONE EVENING, AN ELDERLY CHEROKEE BRAVE TOLD HIS TROUBLED GRANDSON ABOUT
A BATTLE THAT TAKES PLACE INSIDE OF ALL OF US.*

*HE SAID "THE BATTLE IS BETWEEN TWO 'WOLVES' INSIDE US ALL.
ONE IS EVIL. IT IS ANGER, ENVY, JEALOUSY, SORROW, REGRET, GREED, ARROGANCE,
SELF-PITY, GUILT, RESENTMENT, INFERIORITY, LIES, FALSE PRIDE,
SUPERIORITY, AND EGO.*

*THE OTHER IS GOOD. IT IS JOY, PEACE LOVE, HOPE, SERENITY,
HUMILITY, KINDNESS, BENEVOLENCE, EMPATHY, GENEROSITY,
TRUTH, COMPASSION AND FAITH."*

*THE GRANDSON THOUGHT ABOUT IT FOR A MINUTE AND THEN ASKED
HIS GRANDFATHER:*

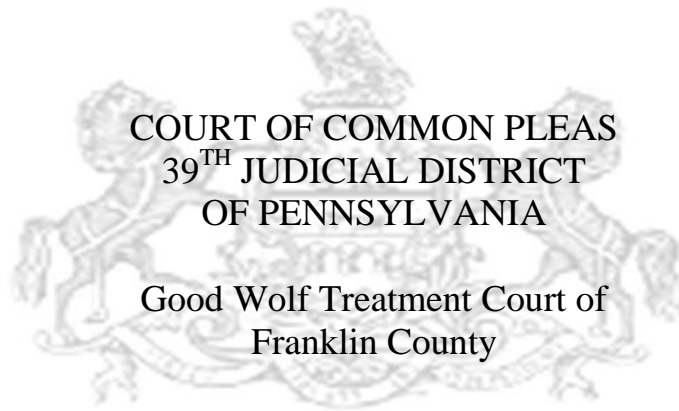
"WHICH WOLF WINS?"

THE OLD CHEROKEE SIMPLY REPLIED, "THE ONE THAT YOU FEED."

PARTICIPANT'S HANDBOOK

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MISSION STATEMENT

The mission of the Good Wolf Treatment Court of Franklin County is to promote public safety by providing accountability and support for sobriety and recovery for criminal defendants. The aim is to assist participants in regaining health, forging supportive personal relationships, and creating a prosocial life that ends the cycle of addiction and recidivism.

INTRODUCTION

Welcome to the Good Wolf Treatment Court of Franklin County. This is a court-supervised drug treatment program for non-violent individuals with a substance use problem. This handbook is designed to answer your questions and concerns about treatment court.

The Good Wolf Treatment Court of Franklin County is under the direction of President Judge Carol Van Horn. Treatment team members are the Judge, District Attorney, Adult Probation Officers, Treatment Court Coordinator, and treatment providers.

Your decision to participate is voluntary. It is your choice to be part of this program. However, you should understand that once you agree to participate you will sign a contract with the Court stating you will comply with all the program requirements. After you sign the contract you cannot ask to be removed from the program without consequences.

It will take you at least 14 months to complete everything you are required to do. You will be expected to follow the instructions given by the Court. Participation includes regular court appearances, drug testing, and treatment services including attending self-help meetings.

A treatment plan will be developed just for you and your needs. You will be expected to help develop the plan and then work on the goals you set. You may have assessments to determine your education needs. You may be referred for vocational training. You may be required to attend classes or work with a tutor to earn your GED. You might need parenting or life-skills classes. Or you might need mental health services. Your treatment plan will outline your strengths and needs. It will be your responsibility to attend all appointments, groups, and classes.

Your privacy is respected in treatment court. We will make every effort to protect your identity and maintain confidentiality. Consent to release information forms are used to ensure that you know who is being asked to provide information about you. These consent forms allow the members of the treatment team to talk to treatment providers about you and your progress. It may mean that a treatment provider gives the court a written report on your attendance and attitude as well as information on your progress toward completed goals that you helped to create.

Upon completion of the program and successfully graduating you will receive a favorable disposition of your case. This may include the District Attorney dismissing your case and agreeing to expungement, or the Court terminating your probation early. However, if you fail to successfully complete the program, and thereafter appear before a judge for sentencing in your case, Pennsylvania law provides that your sentencing judge may consider the reason(s) you were terminated from the Good Wolf Treatment Court.

PROGRAM REQUIREMENTS

COURT APPEARANCES

As a treatment court participant, you will be required to appear in court on a regular basis. This could be as often as every other week. At each appearance, the judge will be given a report about your progress. Information on this report will be from your probation officer and treatment providers. The report will include drug test results, attendance at self-help meetings, and participation in treatment. The judge will ask you about successes or any problems you are having.

If you do not appear in court when you are scheduled a warrant may be issued for your arrest. If you cannot appear in court as scheduled, you must notify your probation officer as soon as possible to obtain permission from the judge to miss court. You cannot miss court without receiving permission prior to your court date.

TREATMENT EXPECTATIONS

Addiction, recovery, and treatment are experienced differently by each person. Your treatment plan will be individualized to ensure that you and your counselor are focusing on the treatment and experiences that will help you be successful in this program. You will receive an assessment that will be used to develop your treatment plan. The treatment plan will guide you through treatment and will be updated as you progress.

The treatment plan will include substance use treatment and could potentially include mental health treatment. The treatment provider will assess what level of treatment will best meet your needs. You must participate in all recommended treatment services. These services are designed to help you to develop self-awareness, self-discipline, coping skills, decision-making skills, self-worth, and wellness.

If you are unable to attend any scheduled appointment or therapy session, you must contact your treatment provider 24 hours in advance. **Failure to attend an appointment or scheduled treatment session violates your treatment court contract and you will be sanctioned.** Your treatment provider may be unwilling to continue to provide you services if you fail to attend appointments.

DRUG TESTING

You will be drug tested throughout the program. Please be aware of the following:

- Testing will be on a random basis.
- You may be tested on any day of the week.
- You should expect to be tested several times each week.
- You must provide a urine sample when requested.
- You will have drug and alcohol testing by your probation officer during random home visits.

Dilution

Urine samples must be testable. This means the sample you give must fall within the laboratory guidelines for what is considered normal urine levels. Creatinine is the substance that is used to determine this.

Classification

Creatinine is a metabolic by-product of muscle metabolism, and normally appears in urine in relatively constant quantities over a 24 hour period with "normal" liquid intake. Therefore, urine creatinine can be used as an indicator of urine water content or as a marker identifying a specimen as urine. Greater than normal intake of water will increase the urine water content (lowering the creatinine level) consequently diluting the amount of drug in urine. Conversely, a limited intake of water can lead to an abnormally concentrated urine specimen (as occurs with dehydration) resulting in elevated creatinine levels.

Interpretation of Results

Creatinine Concentration	Interpretation
<20 mg/dL	Dilute urine specimen: Most likely due to increased water or liquid intake. Can be a result of short-term water loading (flushing) in an attempt to dilute any drug below testing cut-off concentrations.
<2.0 mg/dL	Abnormally dilute: Specimen showing an excessively low creatinine value. May be an indication that the specimen is not consistent with normal human urine.

NOTE: The above values are based on the critical points that the Federal Department of Health and Human Services, Substance Abuse Mental Health Services Administration (SAMHSA) has set as decision points for interpreting dilute or substituted urine specimens.

Failure to Comply

Urine samples that have a Creatinine level of <20 mg/dL will be considered dilute. Dilute urines are not considered testable. Dilute urines will result in a sanction deemed appropriate by the treatment court team.

Substitution or Alteration

The substitution or altering of your urine specimen in any way for the purposes of changing the drug-testing results is a criminal offense. For purposes of the treatment court, the sample will be considered as a positive test and will result in sanctioning. This may be grounds for immediate termination from the treatment court program.

BANNED SUBSTANCES

You are responsible for positive drug screens. **No excuses will be accepted.** Be sure you are not using any substance that could cause a positive result.

- DO NOT USE any product containing alcohol. If you do, this will not be a valid excuse for a positive drug test. Do not use:
 - Mouth wash
 - Breath strips
 - Cough or cold medicines of any type
 - Hand sanitizer
 - Non-alcoholic beer and wine
 - Herbal supplements
 - Flavoring extracts like vanilla
 - Communion wine
 - Food made with alcohol
 - Colognes, body sprays or any other product containing alcohol
- You should minimize the use and exposure to solvents, lacquers, and insecticides. If contact with such products cannot be avoided due to employment reasons, you need to discuss this with your treatment provider and probation officer. Do not wait for a positive test result to have this discussion. Exposure to such products will NOT serve as a valid excuse for a positive alcohol test.
- Performance enhancing supplements and diet supplements are NOT allowed.
- Foods containing poppy seeds, such as muffins or bagels, are NOT allowed.
- DO NOT use any synthetic or mood altering chemicals or substances or any substances deemed “not for human consumption.”

PRESCRIPTION MEDICATION POLICY

There may be times you are prescribed medication that will test positive on the drug screens. The goal is for you to remain free of any narcotic or mind altering medications. However, that is not always possible. You must provide a copy of all prescription medications to your probation officer, treatment provider, and the treatment court coordinator so it can be placed in your file.

If you test positive and there is no valid prescription in your file it will be considered a positive drug test and you will receive a sanction.

Documentation Guidelines

You must provide your probation officer, treatment provider, and the treatment court coordinator with a copy of your prescriptions for your file. Documentation from your doctor or pharmacy will be accepted as long as the provider is identified and the document is authentic.

Documentation must include the following:

- Name of medication
- Dose
- Prescribing doctor's name
- Date
- Your name
- Number or amount of medication
- Directions for taking the medication.

If you provide anything other than a copy of a prescription you will be asked to sign Release of Information forms for both your doctor and the pharmacy to allow your probation officer, treatment provider, and or the treatment court coordinator to verify the information you are providing. You are responsible to provide the name, address, and phone number for the doctor or the pharmacy on the forms.

Current Medications

If you are currently prescribed medication you must provide copies of your medication list. You could get this from either your doctor or your pharmacy. You must follow the Documentation Guidelines listed above to ensure the paperwork you submit is acceptable.

You must provide a list of all your current medications within 3 business days following your intake date.

New Medications

The treatment court expects you to abstain from the use of all addictive substances, including all prescribed pain medications and mood altering medications. If an emergency arises where such a prescription is necessary, it must be obtained in coordination with the prescribing doctor, your treatment providers, and your probation officer.

If you obtain a doctor's prescription, the following must be done:

1. Inform your doctor of your history of substance use and your current involvement with the treatment court program.
2. Ask your doctor if there are non-narcotic pain medications or alternative forms of medical treatment available in place of taking a narcotic medication.
3. When you are prescribed a new medication you must provide your probation officer, treatment provider, and the treatment court coordinator with a copy of the new prescription within **3 days business days** of receiving the medication. You must provide a written and legible copy of the prescription. Prescription bottles will not be accepted due to the inability to copy the prescription from the bottle for your file.
4. If directed by your probation officer, treatment provider or the court, you will make your prescription available in order to count the number of pills/tabs/strips used from the date the prescription was filled.
5. You are not permitted to have expired and unused medications. Narcotic prescriptions are valid for three (3) months and other prescription medication is valid for twelve (12) months. If you have expired or unused prescriptions you need to talk to your probation officer, treatment provider, or the treatment court coordinator about the correct way to dispose of these medications. **If you take an expired medication and that results in a positive drug test you will receive a sanction.**

Failure to Comply

Failure to provide the original prescription or documentation from your doctor or pharmacy (see Documentation Guidelines above) could result in refusal of the treatment court to recognize the validity of the prescription you are using. The consequences will be appropriately determined by the treatment team.

You are responsible for the use of ALL medications, including over-the-counter (OTC) medications. Check with your probation officer, treatment provider, or the treatment court coordinator for a list of acceptable OTC medications. **A positive test due to taking OTC medication will be considered a positive test.** You must abstain from taking all narcotic or mind-altering medications, unless prescribed and approved by the treatment court.

ADULT PROBATION SUPERVISION

You will meet with your probation officer on a regular basis. You are expected to be on time. Your probation officer will give updates to the court and treatment team about your compliance and progress. Random home and work visits will be conducted by your probation officer. Your probation officer will be checking with your treatment providers on your progress toward your treatment plan goals. Be honest and upfront with your probation officer.

SELF-HELP GROUP MEETINGS

Attendance at self-help and recovery support group meetings (examples: Narcotics Anonymous (NA), Alcoholics Anonymous (AA), Celebrate Recovery (CR), SMART Recovery, etc.) is required. These meetings are an important part of your long-term recovery. You must provide written proof of attendance to your treatment provider and probation officer prior to each court appearance. The number of meetings you are required to attend is based on your phase progression through the program.

EDUCATIONAL REQUIREMENTS

The General Equivalency Diploma (GED) is the diploma adults can receive if they did not earn a high school diploma. You will be required to be evaluated to determine if taking the GED test will be part of your treatment plan.

Your educational development is an important part of this program and the treatment team will support you as you work towards this achievement.

DRUG COURT RULES

As a participant, you will be required to abide by some basic rules:

1. Always tell the truth.

Overcoming drug dependence is not easy, yet thousands of individuals do it every year with the help of others. Your success will take your best effort, including constant truthfulness on your part.

- a. **Do not forge documents** such as support group meeting attendance sheets. Forgery is a crime.
- b. **Do not fail to provide a urine sample when asked. Do not attempt to subvert any urinalysis test in any way. Failure to provide a urine sample will be sanctioned. Tampering with urine specimens is a crime and will be considered a violation of the program.**

2. Become and remain drug and alcohol free.

Sobriety is the primary focus of this program. Maintaining a drug free lifestyle is very important to your recovery process. To do this you must avoid any person who possesses or uses illegal substances.

3. Follow the treatment plan made for you by your treatment provider and attend all assigned treatment sessions, including individual and group counseling, educational sessions and self-help group meetings, such as AA or NA.

4. Report to your probation officer as directed.

If you have any problem keeping a scheduled appointment, contact your probation officer immediately.

5. Attend and be on time to all court sessions.

6. Behave appropriately in court and at treatment:

- a. **Inappropriate physical or verbal behavior** will not be tolerated and may result in your termination from the program. Make no threats toward other participants, counselors, your probation officer, or treatment team members. Do not behave in a violent or aggressive manner. This could result in your immediate discharge from the program.
- b. **Dress appropriately** in court and at treatment. You are required to dress appropriately in Court. This means wearing shirts, pants, dresses, etc. of reasonable length. No tank tops or clothing with drug or alcohol themes is acceptable. Gang attire is unacceptable. Sunglasses and hats should not be worn inside.

7. Obey all laws.

- a. **Do Not** drive a vehicle without a valid driver's license.
- b. Any arrest may result in your termination from the treatment court program. Remember that drug use or trafficking is illegal.
- c. Take care of all outstanding court cases. Failing to take care of these cases could cause a problem that could end your participation in treatment court. If you need help, let your probation officer, defense attorney, and the judge know the extent of your problem right away.

8. Travel is a privilege and all requirements of your probation must be met prior to traveling, either inside or outside the state. All travel requiring an overnight stay must be approved prior to travel by either the court or your probation officer. A drug screen will be done prior to you leaving and on your return from travel.

BEHAVIOR CONSEQUENCES

It is important for you to know what will happen when you do well and when you are not following the rules set by the treatment court program.

INCENTIVES

When you consistently cooperate and participate in the treatment court program, you may expect the court to recognize your achievements. This means you will work toward the goals set in your individual treatment plan, attend all appointments, attend all treatment groups, provide drug-free urine samples when asked, and be on time for court appearances. You should report any problem or concern to your probation officer, treatment provider, and the treatment court coordinator. Doing what you are expected is the way you earn recognition and move your life in a new and positive direction.

Rewards for compliance vary. You may receive one or more of the following as an incentive to continue making good choices. You may:

1. Receive applause in the courtroom
2. Receive praise from the judge
3. Be called first on the court docket and then allowed to leave early
4. Progress to the next phase of the program if you have met all the criteria
5. Be allowed to draw a prize from the fish bowl
6. Receive a "Good Wolf" coin
7. Receive a "Good Wolf" T-shirt
8. Have decreased court appearances
9. Receive other incentives yet to be determined
10. Receive a privilege or consideration you request (such as overnight travel)

SANCTIONS

When you fail to comply with the rules of the treatment court program, the judge may impose one or more sanctions. **Continued non-compliance will not be tolerated.** Sanctions are used to modify unacceptable behaviors. If you do not comply with your treatment plan, you do not show up for appointments and treatment, or you have a positive drug screen you will receive a sanction. Other noncompliant behaviors will also be addressed through sanctions. You may receive:

1. Warning by the judge
2. A writing assignment
3. Community service hours
4. Increased drug testing
5. Increased probation supervision
6. Phase modification
7. Jail time
8. Termination from the program

PROGRAM PHASES

PHASE 1	
Length of phase:	1 month minimum
Requirements:	<ul style="list-style-type: none"> • Compete incarceration (if applicable) • Successful completion of inpatient treatment (if applicable) <p>When in the community Participant will:</p> <ul style="list-style-type: none"> • Complete a full drug/alcohol assessment to determine appropriate level of care for substance use disorder treatment • Remain clean and sober (C&S) • Attend bi-monthly court appearances • Submit to required random drug testing • Comply with court orders and probation stipulations • Accept feedback and sanctions • Acknowledge rewards and accomplishments • Comply with 9:00 P.M. curfew • Participant must have at least 14 consecutive days clean and sober (C&S) prior to Phase 2 advancement • Create Relapse Prevention Plan • Complete Phase 1 Essay
PHASE 2	
Length of phase:	2 month minimum
Requirements:	<ul style="list-style-type: none"> • Complete all needed assessments • Work with treatment provider to complete your individual treatment plan • Begin to work on treatment plan goals • Attend all appointments and therapy sessions • Participate in treatment as determined in your treatment plan • Meet with your probation officer as directed • Comply with all court orders and probation stipulations • Begin addressing need for stable housing conducive to recovery • Attend court bi-monthly • Accept feedback and sanctions • Acknowledge rewards and accomplishments • Submit to frequent, random urinalysis testing • Comply with 9:00 P.M. curfew • Participant must have at least 14 consecutive days clean and sober (C&S) prior to Phase 3 advancement

	<ul style="list-style-type: none"> • Complete Phase 2 Essay
PHASE 3	
Length of phase:	3 month minimum
Requirements:	<ul style="list-style-type: none"> • Work with treatment provider to update your individual treatment plan based on your current needs • Continue working on treatment plan goals • Attend all appointments and therapy sessions • Participate in treatment as determined by your treatment plan • Meet with your probation officer as directed • Comply with all court orders and probation stipulations • Obtain stable housing conducive to recovery • Obtain employment or engage in employment/vocational training • Address any educational needs and take GED pre-test, if applicable • Begin addressing financial planning and stability • Attend court bi-monthly • Accept feedback and sanctions • Acknowledge rewards and accomplishments • Submit to frequent, random urinalysis testing • Comply with 10:00 P.M. curfew • Participant must have at least 30 consecutive days C&S prior to Phase 4 advancement • Complete Phase 3 Essay
PHASE 4	
Length of phase:	5 month minimum
Requirements:	<ul style="list-style-type: none"> • Work with treatment provider to review and revise your treatment plan based on your current needs • Continue working on treatment plan goals • Attend all appointments and therapy sessions • Participation in treatment as determined by your treatment plan • Meet with your probation officer as directed • Comply with all court orders and probation stipulations • Maintain stable housing conducive to recovery • Engage in employment/vocational training, or in an educational training program, or be gainfully employed (at least 20 hours/week) • Maintain financial stability • Successfully complete cognitive-behavioral therapy with

	<p>focus on criminogenic risk</p> <ul style="list-style-type: none"> ● Attend a minimum of one (1) recovery support meeting per week ● Find a recovery support/sponsor and verify with your probation officer ● Participate in a minimum of two (2) pro-social activities per week ● Successfully pass GED test, if applicable ● Attend court monthly ● Accept feedback and sanctions ● Acknowledge rewards and accomplishments ● Submit to frequent, random urinalysis testing ● Participant must have at least 45 consecutive days C&S prior to Phase 5 advancement ● Complete Phase 4 Essay
PHASE 5	
Length of phase:	3 month minimum
Requirements:	<ul style="list-style-type: none"> ● Work with treatment provider to complete Aftercare plan determined by your current needs ● Attend all appointments and therapy sessions ● Meet with your probation officer as directed ● Comply with all court orders and probation stipulations ● Maintain stable housing conducive to recovery ● Engage in employment/vocational training, or in an educational training program, or be gainfully employed (at least 20 hours/week) ● Maintain recovery support meeting attendance at least one (1) time weekly ● Continue to use recovery support/sponsor and verify with your probation officer ● Maintain attendance at pro-social activities at least two (2) times weekly ● Attend court monthly ● Accept feedback and sanctions ● Acknowledge rewards and accomplishments ● Acknowledge rewards and accomplishments ● Submit to frequent, random urinalysis testing ● Participant must have at least 90 consecutive days C&S prior to graduate ● Complete Phase 5 Essay ● Complete application for graduation

CONTACT INFORMATION

Treatment Court Coordinator	Sue Davis	717-261-3848 x27216
Probation Officer	Jason Ryder	717-264-6613 x21509
Public Defender's Office	Ian Brink	717-261-3863
District Attorney's Office	Matt Fogal	717-261-3827